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**Ani Wilson**

Management Consultant & Keynote Speaker  
Sydney & Auckland Based

*Helping leaders to crush it at the finish line*



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***Speaker Introduction***

Regardless of whether it's you or someone you know, our next speaker believes that as high performers every one of us will be impacted at some point in our lives

detrimentally by the pressures of stress.

Its not resilience that makes a good leader, its knowledge and the vision to apply that knowledge both in the workplace and at home.

After a life-changing incident, Ani Wilson has dedicated the past 7 years to researching and understanding the root cause behind stress and the power of the brain to determine the blueprint for burnout.

She believes companies should be able to leverage the expanded capabilities of a leadership team who are passionate and driven instead of stressed and burdened.

Ani is the author of 2 books, and although a full time international speaker, continues to offer her time to consult for organizations around the world to ensure she never loses that real world perspective. Having run programs of up to \$52Mill in worth, Ani knows a thing or two about what it means to be stressed.

Ladies and Gentlemen, get ready to go on a roller coaster of emotions, free your mind, and have some fun.

Please now join me in welcoming...

Ani Wilson

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***AV & Room Requirements***

Ani's presentation is a high-energy, entertaining 'show' and relies heavily on

the right Audio- Visual set-up to ensure your audience gets the maximum value, inspiration and motivation.

Ani will bring her own computer (MacBook Air) with the necessary output adapters and her own clicker, with the presentation (run from Keynote) ready to go. She will also bring a back up on a USB drive. Please do advise what connections are available ahead of time.

Keynote is her preferred program due to the quality of video and slide transitions, but if you require her presentation in Microsoft PowerPoint, please advise at least three days prior to the engagement

Her presentation requires:

1. High definition screen projector
2. Good quality audio system with blue tooth accessibility - Ani will connect to this via her laptop for a 3-minute exercise near the end of her presentation.
3. Lapel or headset microphone on stage
4. It's preferable if she has stage area free of a centred lectern and 1 bottle of unopened room temperature water.
5. It's also preferable that Ani's laptop, or secondary monitor is available to view as her 3-minute exercise has specific timing requirements that Ani needs to see to ensure maximum impact for your audience.

**Requests:**

Please provide an idea of seating plan (Tables, U-Shape or Auditorium) at least 3 days prior, so Ani can understand how best to energize the room.